

## Applied Kinesiology

**Applied Kinesiology** is represented by the person standing erect with the triangle, creating the triad of Health. Applied Kinesiology is about treating the whole person as an individual with unique experiences. We see a Chemical side, an Emotional side and the foundation of the triangle being the structural side, one cannot exist in true balance and harmony with out the other, they create balance and energy for the other so together they can function as a whole.

When an adjustment is made to the spine it can have an effect on all, one or any combination of the 5 factors that is labeled along the circle.

- **N** = Nerves
- **NL** = Neuro-Lymphatic System
- **NV** = Neuro-Vascular System
- **CSF** = Cerebral Spinal Fluid
- **AMC** = Acupuncture Meridian System

### The Hidden Factor The 6<sup>th</sup> factor is this:

- **Nut** = Physiologic Nutritional Needs

