

What does your body need?

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A diet that brings you back to health is not the same as a diet that sustains your health.

Health is an inevitable reality we all will face sooner or later especially when there are over a Trillion pounds of toxins released into the environment per year.

What the body needs is natural foods without hormones, antibiotics (anti = against and Biotic = Life, Antibiotic = Against Life), pesticides and chemical fertilizers. The idea is to eat foods that are as close to as Mother Nature provides them. Any time we mess with or change something from the way it existed in nature we alter its natural state and our overall health.

We need to ask ourselves over and over, why are so many people over-weight, sick and disease ridden? Cancer, HIV, Diabetes, Cardiovascular disease, Auto-Immune conditions etc. are all running rampant on our society; prevention is the key as well as early intervention and maintenance care.

We need to make better decisions in the foods we eat, in the water we drink, and the choices we make.

Chiropractic Kinesiology is here to help you make the right choices structurally, chemically, and emotionally by treating the whole person. We use many natural techniques to guide a person back to health. We provide our patients with the best Whole Food Natural Organic Multivitamins, nutritional supplements, Homeopathy and Herbs. Together with Chiropractic adjustments, nutritional counseling and many other natural techniques we can help relieve structural stress, chemical stress and emotional stress from the body. One must take the initiative to gain better knowledge and control over their lives.

We always treat the person because you are a unique individual and no two people are exactly alike.



Dr. Frank Giantinoto, D.C. with his background in helping thousands of cancer patients is a Board Certified Chiropractic Kinesiologist with a mission to help prevent any disease, pain, or dysfunction from taking control of your life and the lives of the people you love the most. He uses many natural techniques to guide you back to health, such as Nutritional Counseling, Whole Food Nutrition, Herbs, Homeopathy, Acupressure, Specific Chiropractic adjustments, Applied Kinesiology, Neuro-Emotional Techniques, Functional Medicine and conventional diagnostics to provide the best individual care one can offer. Along with his Doctorate degree in Chiropractic Dr. Frank Giantinoto has earned an associates Degree in Health Care as well as a bachelors degree in Science/Psychology and Philosophy. He believes everyone is an individual and must be looked at in that precise manner. Dr. Giantinoto looks forward to meeting you and your family.

Dr. Giantinoto is here to fight the invisible killers. The things you do not see, taste, smell, touch or hear, but eventually feel. We need to take charge of our lives and we do that by taking charge of our health. There is no other way.

When Dr. Giantinoto was just a young boy he unfortunately had the opportunity to watch someone very close to him fight a losing battle to Cancer. This person was a beautiful soul, she made everyone else around her smile, she was the light in the darkest of rooms, she was the sun on the darkest of days, and she always sensed what others needed. She gave first always and as he watched and as he participated an enormous amount of love was given to him in return. She gave so much in such a short period it would last a lifetime.

Dr. Giantinoto's Mom was a beautiful woman who has provided an enormous amount of inspiration for who he is today. When she fell ill at such an early age he didn't quite understand what was happening; Mom just seemed to go to more and more doctors, hospitals, clinics, but the truth of the matter was, she just kept getting weaker and weaker. Her voice started to fade, her eyes started to dull, but he loved her even

more. He did everything in his power as a 10 year old, he did good in school, didn't fight with his brothers, cooked dinner the way she said to, listened to his dad, he would even bring her favorite foods, but nothing seemed to help.

You see, feeling helpless was something Dr. Frank Giantinoto knew would change the rest of his life. He truly believes a profession can choose you as Kinesiology has chosen him to be its light as it is his guide. He has always felt the urge to help another person who is at a disadvantage, someone in need.

Dr. Giantinoto's happiness and joy comes from helping another person enjoy good health, which inevitably opens the doors to the rest of your life. He treats people the way he could have only dreamed his mother was. He's here to help you back onto to the road of health. He's here as your guide in a world so filled with many stressors. These stressors include toxins, heavy metals, bacteria, viruses, disease, cancer, emotional unrest, fast food, dirty water, pollution, pesticides, artificial sweeteners, synthetic hormones, additives, preservatives, low fat diets and all that is artificial and foreign to the body.

We are here together to crawl, to walk, and to run to the finish line where life begins once again. So if you choose, we shall embark on a very special journey together. One that will involve learning and educating you on how to become the healthiest person you can be, which inevitably allows you to pursue your every dream, wish, desire and goal. Without true health one cannot truly experience life as it is meant to be. Everyone's road will be one that is a result of your past experiences. Dr. Frank Giantinoto hopes to help you with all his heart and soul. Through Chiropractic Kinesiology and all of its tools we shall strive for health together.

We hope this will help you understand why Dr. Frank is here helping you help yourself.

Sincerely,

Dr. Frank Giantinoto Applied Clinical Chiropractic Kinesiologist/ Alternative Medicine Doctor

We look forward to hearing from you soon.

**Please Contact Dr. Frank Giantinoto
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